



Know what to do if you have

COVID-19 SYMPTOMS

Or if you test positive for COVID-19

The following symptoms may appear 2-14 days after exposure:

- Fever
- Cough
- Shortness of Breath
- Loss of Taste or Smell



If you are sick, don't wait. Isolate!

- Stay at home for 5 days (except to seek medical care).
- Stay away from others in a separate room.
- Do NOT eat meals with other people.
- Avoid physical contact with other household members and pets.
- Wear a mask if you must be around other people.
- Monitor your symptoms.
- After 5 days, you can leave your home if you are fever-free without the use of fever-reducing medications but must wear a mask around others for 5 additional days.
- Continue to monitor your symptoms, and seek medical care if you have trouble breathing or chest pain.