

# Return to School/Work Criteria\*

## For Someone with COVID-19-like Symptoms of Illness

Must meet ALL three criteria in ONE of these columns



### Negative COVID-19 Test

- 1 Proof of a negative COVID-19 test result.
- 2 At least 24 hours have passed since last fever without the use of fever-reducing medication.
- 3 Symptoms have improved.



### At Least 10 Days

- 1 At least 10 days have passed since symptoms first appeared.
- 2 At least 24 hours have passed since last fever without the use of fever-reducing medication.
- 3 Symptoms have improved.



### Doctor's Note†

- 1 A signed note from a licensed medical provider.
- 2 At least 24 hours have passed since last fever without the use of fever-reducing medication.
- 3 Symptoms have improved.

## For Someone with Symptoms of Illness That Are NOT COVID-19-like

Must meet ALL criteria below



- 1 No known risk of recent exposure to COVID-19.



- 2 At least 24 hours have passed since last fever without the use of fever-reducing medication.



- 3 Symptoms have improved.

## For Someone Who Tests Positive for COVID-19

Must meet ALL criteria below



- 1 At least 10 days have passed since symptoms onset, or if no symptoms, at least 10 days have passed since the date of the positive test.



- 2 At least 24 hours have passed since last fever without the use of fever-reducing medication.



- 3 Symptoms have improved.

## For Someone Who Is a Close Contact of a Confirmed COVID-19 Case

Must meet ALL criteria below



- 1 Must quarantine until 10 days‡ after date of last exposure and if continued exposure, 10 days after the confirmed case is released from isolation.



- 2 Monitor for any COVID-19-like symptoms of illness for 14 days.

\*Based on the Hawaii State Department of Health's [COVID-19 Interim Return to Work/School Guidance](#).

†When there is low-suspicion of COVID-19 or diagnosis of another health condition (e.g. allergy, asthma or flu), a medical provider may use clinical judgment to allow return to school/work.

‡Someone who has been fully vaccinated or has had COVID-19 and recovered in the past three months is not required to quarantine following additional exposure and may go to school/work as long as they do not develop new symptoms.

# Daily Wellness Check

## WE NEED YOUR HELP!

HIDOE employees, contracted service providers, visitors, and students must complete a wellness check each morning before going to school. Please report any illness or COVID-19 exposure to the school or supervisor.



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### CHECK FOR COVID-19-LIKE SYMPTOMS OF ILLNESS

If any symptoms of illness are present, **do not go to school or work.**

- Fever (higher than 100°F or hot to the touch)
- Chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea



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### CHECK FOR RECENT COVID-19 EXPOSURE

If any of the following apply, **do not go to school or work.**

- Recently tested positive for COVID-19
- Required to quarantine due to possible COVID-19 exposure (e.g. travel)\*
- Living with someone with COVID-19\*
- You or a household member are waiting for COVID-19 test results\*
- Recent close contact with someone with COVID-19\*

\*Someone who has been fully vaccinated or has had COVID-19 and recovered in the past three months is not required to quarantine following additional exposure and may go to school/work as long as they do not develop new symptoms.

## HELP US TO KEEP OUR SCHOOLS HEALTHY AND SAFE!